Couples Information Form

1) Na	ime: 2) Age	:	3) 1	Date:			
4)Add 5)	ress: City: Briefly, what is your main purpose in		State: g to coup	Zip: ole's couns	eling?		
our a	ctions: To assist us in helping you, panswers will help plan a course of cour. Do not exchange this information w	uple's th	nerapy th	at is most	suitable		
essio espor	al of your answers on this form may book ins if you give us permission to share and honestly and carefully to each iten o share this information, please leave	this inf n. If cer	ormation tain ques	. For this r	eason y	ou are adv	rised to
6)	Have you been married before? If Yes, how many previous marriages have		□ No ?	1 2	3	4 5+	
7)	How long have you and your partner been i	n this rel	ationship?				
8)	Are you and your partner presently living to	gether?		∕es □ No)		
9)	Are you and your partner engaged to be ma	arried?	Yes Whe	n?		[□No
10)	Fill out the following information for each ch from previous relationships, and adopted cl		om the nat	ural parent i	s you and	your partner	r, children
	☐ Neither of us has children (go to next pa	age)	One or e	ach of us ha	s children	(continue)	
	*"Whose child?" answering options:			urs, natural d			
			Both of or My natura	urs, adopted	(or taken	on)	
				adopted (or	taken on)		
			•	natural child	-		
		PA =	Partner's	child, adopte	ed (or take	en on)	
					*Whose		
	Child's name		Age	Sex	child?		h whom?
	1) 2)			□F □ N]Yes 🔲 No]Yes 🔲 No
	3)]Yes ☐ No
	4)]Yes □ No
	5)			□F □M]Yes 🗌 No
11)	List five qualities that initially attracted you t	0			Doe	es your partr	ner still
,	your partner:				pos	sess this tra	
	1)					Yes No	
	2)					Yes No	

	3)4)	☐ Yes ☐ No ☐ Yes ☐ No
	5)	Yes No
12)	List four negative concerns that you initially had in the relationship: 1) 2) 3) 4)	Does your partner still possess this trait? Yes No Yes No Yes No Yes No
13)	List five present positive attributes of your partner: 1) 2) 3) 4) 5)	Do you often praise your partner for this trait? Yes No Yes No Yes No Yes No Yes No Yes No
14)	List five present negative attributes of your partner: 1) 2) 3) 4) 5)	Do you nag your partner about this trait? Yes No Yes No Yes No Yes No Yes No Yes No
15)	List five things you do (or could do) to make the marriage more fulfilling for your partner: 1) 2) 3) 4) 5)	Do you often implement this behavior? Yes No Yes No Yes No Yes No Yes No Yes No
16)	List five things that your partner does (or could do) to make the marriage more fulfilling for you: 1) 2) 3) 4) 5)	Does your partner often implement this behavior? Yes No Yes No Yes No Yes No Yes No Yes No

17)	List five expectations or dreater relationships before you met 1) 2) 3) 4)	•	fulfi	s this been Iled? Yes No Yes No Yes No Yes No Yes No	
10\	5)	fallowing itama as they norte		Yes No	
18)	On a scale of 1 to 5 rate the		ain to:		
	1) The present state of the r	relationship			
	2) Your need or desire for it	alaa faa U			
	3) Your partner's need or de		//c		
	Circle the Appr	opriate Response for Each	= = =		
		Present state of	Your need	Partner's need	
		the relationship	or desire	or desire	
	1) Affection 2) Childrearing rules 3) Commitment together 4) Communication 5) Emotional closeness 6) Financial security 7) Honesty 8) Housework sharing 9) Love 10) Physical attraction 11) Religious commitment 12) Respect 13) Sexual fulfillment 14) Social life together 15) Time together 16) Trust Other (specify) 17) 18) 19)	Poor Great 1	Low High 1 2 3 4 5	Low High 1 2 3 4 5 1 2 3 4 5	
	20)				
19)	9) For couples living together. Which partner spends more time conducting the following activities?				
	Circle the Appropriate Response for Each (If not applicable, leave blank.) $(M = Me P = Partner E = Equal time)$				
		•	s this equitable (fair)?	Comments	
	 Auto repairs Child care Child discipline Cleaning bathrooms Cooking Employment Grocery shopping 	MPE MPE MPE MPE MPE MPE	Yes No Yes Y		

	8) House cleaning9) Inside repairs10) Laundry11) Making bed12) Outside repairs13) Recreational events14) Social activities	M P E M P E M P E M P E M P E M P E M P E M P E	Yes No Yes No Yes No Yes No Yes No Yes No Yes No	
	15) Sweeping kitchen16) Taking out garbage	MPE MPE	☐ Yes ☐ No ☐ Yes ☐ No	
	17) Washing dishes	□М □Р □Е	Yes No	
	18) Yard work	□M □P □E	☐Yes ☐ No	
	19) Other:	MPE MSE	☐ Yes ☐ No ☐ Yes ☐ No	
0.0\	20) Other:			
20)	If some of the following behaviors tak blanks. If they take place only during arguments circle an "A." Fill this out for take place, leave them blank.	SEVERE arguments, c	ircle an "S." If they tak	e place during ALL
		ne Appropriate Respon		
	(M = Mild arguments on	,	3	•
	Behavior	By m e ☐M ☐S ☐A	By partner ☐M ☐S ☐A	Should this change? ☐ Yes ☐ No
	 Apologize Become silent 			☐ Yes ☐ No
	3) Bring up the past			Yes No
	4) Criticize	□M □S □A	□M □S □A	☐Yes ☐ No
	5) Cruel accusations	\square M \square S \square A	\square M \square S \square A	Yes No
	6) Cry	\square M \square S \square A	\square M \square S \square A	☐Yes ☐ No
	7) Destroy property	\square M \square S \square A	\square M \square S \square A	☐Yes ☐ No
	8) Leave the house	\square M \square S \square A	\square M \square S \square A	☐Yes ☐ No
	9) Make peace	\square M \square S \square A	\square M \square S \square A	☐Yes ☐ No
	10) Moodiness	\square M \square S \square A	□M □S □A	☐Yes ☐ No
	11) Not listen	☐M ☐S ☐A	□M □S □A	☐Yes ☐ No
	12) Physical abuse		☐M ☐S ☐A	☐Yes ☐ No
	13) Physical threats			☐Yes ☐ No
	14) Sarcasm15) Scream	MSA MSA	MSA MSA	☐Yes ☐ No
	16) Slam doors	∐M ∐S ∐A ∏M ∏S ∏A	M	☐Yes ☐ No ☐Yes ☐ No
	17) Speak irrationally			☐Yes ☐ No
	18) Speak rationally			Yes No
	19) Sulk			Yes No
	20) Swear			☐Yes ☐ No
	21) Threaten breaking up	□M □S □A	\square M \square S \square A	☐Yes ☐ No
	22) Threaten to take kids	☐M ☐S ☐A	\square M \square S \square A	Yes No
	23) Throw things	\square M \square S \square A	\square M \square S \square A	☐Yes ☐ No
	24) Verbal abuse	\square M \square S \square A	\square M \square S \square A	☐Yes ☐ No
	25) Yell	\square M \square S \square A	\square M \square S \square A	☐Yes ☐ No
	26)	\square M \square S \square A	\square M \square S \square A	Yes No
	27)	\square M \square S \square A	□M □S □A	☐Yes ☐ No
	28)	\square M \square S \square A	\square M \square S \square A	☐Yes ☐ No

21)	<u> </u>	ild arguments? evere arguments?		
22)	When a MILD argument is over how do you usually feel? Check Appropriate Respons Angry Lone Anxious Naus Childish Num Defeated Regu Depressed Relie Guilty Stup Happy Victi	ses ely seous b retful eved	23) When a SEVERE argunder how do you usually for Check Appropriated Angry Anxious Childish Defeated Depressed Guilty Happy Hopeless Irritable	eel?
24)		_	ı, leave it blank. Responses	Table to your M P B
	In the remaining space please pro I , hereby give my permissi (partner) when it is deemed appropriate by information may take place only of	on for this clinic to share to an agreement between r	the information that I provide my partner, our therapist, an	d me. This sharing of

 $Typing \ your \ name \ above \ represents \ your \ digital \ signature \ and \ makes \ this \ a \ legally \ binding \ document$

PLEASE RETURN THIS AND OTHER ASSESSMENT MATERIALS DURING YOUR NEXT APPOINTMENT